

# In Touch

Newsletter for Bell retirees | April 2024, Vol. 24, No. 1

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## Digital transformation

Bell is transforming by using new technologies to better adapt to a fast-changing communications environment. We are evolving from a traditional telecommunications company to a leader in technology services and digital media. Becoming a techco means leveraging our state-of-the-art networks to accelerate our transformation and make it more agile, less costly, simpler and fully digital.

Digital transformation enables us to take advantage of next-generation technology to make our lives more efficient, connected and responsive. Banks deliver a whole range of online services, stores offer advanced web-based shopping

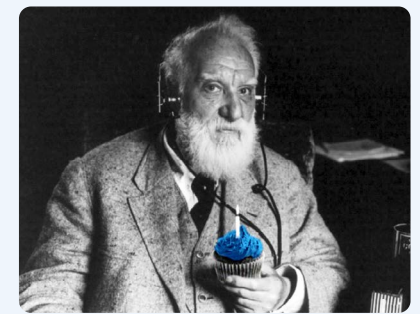
experiences and our customers often take advantage of video conversations instead of voice-only. We enjoy more and more services without leaving our homes.

This transformation is improving the way we live, work and stay connected to each other. Digital transformation is an opportunity to embrace change, stay relevant in our increasingly connected world and take advantage of the benefits that technology can offer us.

As of 2025, you'll have access to the electronic version of *In Touch*, and we'll stop publication of the paper version of the newsletter.

April 29

## Celebrating 144 years of connection and innovation



Bell is celebrating its 144<sup>th</sup> birthday on April 29! Founded in Montreal in 1880, Bell has consistently innovated while connecting Canadians with each other and the world. We currently provide more than 24 million customers across Canada with fast and reliable wireless and Internet connections, along with the most in-demand content from Bell Media. Our state-of-the-art networks are helping to enable our transformation and ensure we're more agile, efficient and fully digital. We are committed to staying at the forefront of technology and delivering world-class communications services to our customers.



**+** We remind you that the electronic version of *In Touch* features enhanced content, including exclusive offers, retirement notices and the Archives section.



## Bell news

### March 13

#### Bell installs aerial alarms on its network

Bell is making security enhancements to our network, including the installation of aerial alarms to enhance reliability for customers and to protect critical communications infrastructure from vandalism, primarily in the form of copper theft.

### February 27

#### Bell named top telco on the Globe and Mail's road to Net Zero ranking



Bell was ranked #3 overall in the Globe and Mail's Road to Net Zero report, which evaluates 30 Canadian companies with strong management plans for achieving a low-carbon future.

The report notes that Bell "follows best practices in setting climate targets by covering all scopes of emissions and aligning its targets to the 1.5°C pathway". Bell's board is committed to reducing emissions within the supply chain, and its policy explicitly addresses and outlines measures for targeting, monitoring and measuring supply chain emissions.

### February 6

#### Bell collaborates with Microsoft to bring new hybrid work solutions to Canadian businesses



Bell announced a collaboration with Microsoft to bring new solutions to Canadian businesses that will help modernize their communications platforms and enable better collaboration in the new world of work.

### February 2

#### Bell and Mila to study how deep learning AI can improve business performance



Bell and Mila announced a collaborative project to apply deep learning neural network algorithms to Bell's systems and data. By advancing our understanding of deep learning AI techniques, Bell will continue to enhance the customer experience.

### February 1

#### Bell and SentinelOne join forces to provide advanced endpoint protection for Canadian business



Bell and SentinelOne, a global leader in AI-powered security, announced they are coming together to provide extensive data protection services for Bell's enterprise customers.

### January 25

#### Bell Fibe TV brings next generation TV and entertainment to Atlantic Canada



Bell announced the launch of the next generation Fibe TV service in Atlantic Canada with live TV, on demand shows and thousands of apps all in one place, and powerful search options to make the experience even better for Atlantic Canadians.

### January 18

#### Bell and Best Buy Canada form a strategic partnership



Bell announced a strategic partnership with Best Buy Canada to operate 165 The Source stores, rebranded as "Best Buy Express." Best Buy's expertise and scale in consumer electronics retail, supply chain, and e-commerce will offer consumers a greater assortment of products and more choice. Combined with Bell's extensive expertise in networks and services, the partnership will deliver an exceptional shopping experience for Canadians in an increasingly competitive landscape. Best Buy Express will open across Canada starting in the second half of 2024.

## BCE shares

<b>Closing price</b>	<b>Low</b>	<b>High</b>
April 9, 2024	April 2, 2024	May 2, 2023
\$45.01	\$43.96	\$65.66

➕ For information on Bell products and services, please go to [bell.ca](https://bell.ca) or call 310-BELL.



## Your pension

### 2024 cost of living adjustment

To offset increases in the cost of living, Bell's pension payments are adjusted according to an indexation formula. The indexation rate applied to Bell pensions as of January 1, 2024, is 2% for retirees under age 65 and 2% from age 65.

For those who retired during 2023, the indexation rate is prorated to the number of months since their retirement date.

### 2024 Certification of Pension Entitlement

As part of good governance practices, Bell Canada conducts an annual audit of pension recipients. Every year we select a group of pensioners in the BCE group of companies and ask them to complete a Certificate of Pension Entitlement to ensure that payments are reaching the appropriate individuals.

Our next audit will take place in the spring. Audited pensioners will receive a form to complete and to send back to the Pension Department as soon as possible. Furthermore, the online tool for the pension audit will be available on the Benefits site ([bell.ca/mybenefits](http://bell.ca/mybenefits)) for audited pensioners who want to submit their forms online.



### Submit your benefits claims online

Bell retirees can go paperless and use Manulife's secure online claims process, making benefit reimbursements faster and easier. If you're not already submitting claims online, the first time you access the site you'll be prompted to provide your email address and banking information. You may be asked to attach a photo of your receipt when submitting your claim.



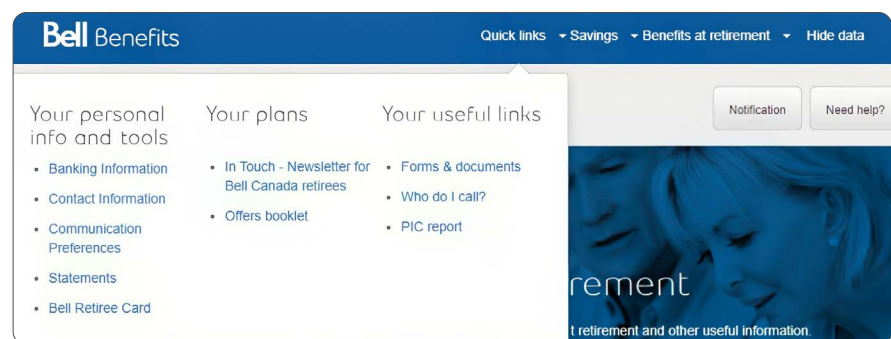
Once your account is set up, notifications will be sent by email and your claim will be paid directly into your bank account within 1 to 5 business days.

To submit your claim online, log into the Manulife Plan Member Website at [www.manulife.ca/signin](http://www.manulife.ca/signin).

**+** If you have any questions, please contact Manulife at 1-800-268-6195.

### Retiree cards available on the Benefits site

To help you take advantage of discounts and offers with our participating retailers and business partners, a retiree ID card with your name, employee number, and retirement date is now available. Go to the Bell Benefits site [bell.ca/mybenefits](http://bell.ca/mybenefits). Enter your Retiree ID and password. Select Bell retiree card from under the Quick links tab to print your card.



### Select your communication preferences

In Your personal info and tools section, you can also access the Communication Preferences tool and provide electronic consent to receive all pension and benefits related documents electronically through the Benefits site. Please note that you can also access past *In Touch* editions and offers through the site.

**+** If you need help accessing the Benefits site using a password, please contact the Benefits Administrator at 1-888-400-0661, Monday through Friday from 7:30 am to 5 pm eastern.



## Your pension



## thePersonal



## The Personal: Insurance that works for Bell retirees

The Personal insurance company offers eligible\* Bell retirees exclusive group rates for home and auto insurance. The Personal mobile app allows you to manage the policy and claims from anywhere, access radar weather alerts and more.

**+** To learn more or request a quote, please visit [ThePersonal.com/Bell](https://ThePersonal.com/Bell) or call 1-888-476-8737.

- \* Eligible retirees are former employees of Bell Canada or a participating affiliated company who:
- retired with at least 80 points at age 55 or older upon departure or
  - terminated their employment after January 1, 2021, and are 55 years of age or older with at least 15 years of net credited services (NCS) at the time of termination.

Former employees who left Bell Canada or one of its participating affiliates due to a termination for cause are not eligible to the program.

## Do you know about the residences for Bell Pioneers?

The Manoir Kelly and the Manoir Frédéric Johnson offer independent living accommodations (3 ½ and 4 ½) for retirees from Bell, Nortel and their subsidiaries. These residences are located in the Montréal boroughs of LaSalle and Verdun, respectively.



Manoir Kelly



Manoir Frédéric Johnson

**+** Info: Johanne Dupuis at 514-527-5720, extension 65 or <https://RDPT.ca>.



## In the community

### Join a Bell Dragon Boat team

The Bell Blue Dragons and Bell Vikings, our recreational dragon boat teams in Toronto and Montréal, are looking for new paddlers to join the 2024 season that runs until September. Registration is free and paddlers of all experience levels are welcome.

#### Bell Blue Dragons in Toronto

To join the Bell Blue Dragons in Toronto please send an email to [dragonboat@bell.ca](mailto:dragonboat@bell.ca).

#### Bell Vikings in Montréal

To join the Bell Vikings in Montréal, please send an email to [bateaudragon@bell.ca](mailto:bateaudragon@bell.ca).





In the community

## Apply for a team grant of \$1,000

Bell is offering team grants of \$1,000 to support registered Canadian charities.

Volunteer teams of 3 or more retirees and/or employees who have volunteered 30 combined hours for the same activity or organization are eligible to apply.

Visit the [online tool](#) to complete and submit the application form.

⊕ Please reach out to [giving@bell.ca](mailto:giving@bell.ca) with any questions.

## Congratulations to our Giving Program volunteers



Ten volunteers are rewarded each month with \$100 to donate to the charity of their choice. Here are our latest winners:

### October

Claire M. Bergevin  
 Claude Bureau  
 Robert Cadrin  
 Brenda C. Ezekiel  
 Gary O. Freelen  
 Dianne Fullerton  
 Rachel Gagnon  
 Allison Leaf  
 Brenda J. Linski  
 Marlene Simmonds

### November

Heather R. Chalmers  
 Greg Foster  
 Joan Lang  
 Manon Lépine  
 Debbie L. McCallum  
 Laurelei J. McNaughton

Dolores O'Brien  
 Gerald Preston Askew  
 Joan Walsh Lefavre  
 Heather Wilson

### December

Sherry Bauldic  
 Brenda C. Ezekiel  
 Tanis Ferris  
 Céline Guilmette  
 Jacqueline Hebert  
 Brenda J. Linski  
 Catherine E. Miller  
 Denis Lavoie  
 Denis J. Lefebvre  
 Eva Rawluk

### January

Joanne Clément  
 Leon A. Cluff  
 Carole Craig  
 Lise Croteau  
 Peter Cohoe  
 Shelley Marion  
 Paulette McIntyre  
 Monique Scheffer  
 Sharon Faye Shannon  
 Adrienne W. Katchanoski

### February

Pat G. Bowman  
 Brenda C. Ezekiel  
 Bonnie L. Hart  
 Catherine N. Itscovich  
 Donna Rae Kurt  
 Steffy Loepky  
 Debbie L. McCallum  
 Gregory A. Russell  
 Carole Seguin  
 Sharon Faye Shannon





## Beware of scams

A scam is any activity that relies on deception to achieve a financial gain. Common cyber scams include fake ads, fake products and fake charities.

Remember, scammers quickly adapt their tactics to the people they interact with. They can be very persuasive and may even threaten targets who don't cooperate.



Here are a few common scams to be aware of:

### False advertising

Cybercriminals pose as legitimate sellers and post ads for items that don't exist. Be suspicious if you see prices that are too good to be true or a lack of seller details.

### Phishing emails and text messages

Scammers are getting better at getting people to reveal personal information by sending carefully crafted emails and text messages. Examine emails and text messages carefully to ensure that they come from a secure source and do not redirect you to a fraudulent site. Beware of urgent requests.

### Romantic scams

Scammers manipulate emotions and use false identities to establish relationships and defraud people. Beware of people who are interested in you – romantically or as a friend – but can only meet you virtually.

### Missed Delivery scam

Scammers send e-mails or text messages informing you that you've missed a delivery and have to pay a fee. Be careful, especially if you're not expecting a package. Always track shipments directly on the company's website or by phone.

## Better safe than sorry

Here are a few scenarios and some tips to keep you safe:

- Someone calls you:  
**Don't trust your call display.** Even if the name of your financial institution appears on the caller ID, the caller could be a fraudster.
- You are being asked to disclose personal information or send money over the phone or online:  
**End the communication** or contact the company that the caller claims to work for to verify the validity of the request. In doing so, don't use the contact details they've given you – they could be wrong.
- You receive a text or email from a source you don't know: **Don't reply.** If you're asked to click on a link, don't do it. This could be phishing, a technique that allows a fraudster to obtain personal information about you.



- ⊕ If you witness fraud or become a victim yourself, report it to your local police station or to the [Canadian Anti-Fraud Centre](#). Your report will enable them to learn about existing fraud, to uncover the extent of various schemes and to act accordingly.



History  
and archives

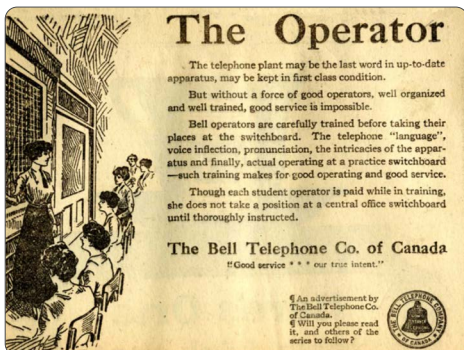
## The legacy of operators at Bell

When Bell was incorporated in 1880, the operator's trade was essential to local communications. At the time, the job required technical skills: you had to know how to operate a switchboard, understand its components, recognize signals and make the right connections to establish voice services between subscribers.

Most of the company's first telephone operators were men. Although many of them had the technical skills, they sometimes lacked patience and respect for customers. That's why, in 1887, Bell began hiring female operators.

Many women seized this professional opportunity, which was seen as a step up compared to factory work or domestic service. The telephone operator was a crucial resource for Bell customers. In addition to connecting customers, they were often asked to provide the exact time, along with sports and election results, and the weather. They also made wake-up calls.

Young women looking to become an operator were required to be at least 18 years of age



### The telephone operators' book

At the beginning of the 20<sup>th</sup> century, a telephone operator worked 5 to 8 hours a day, with up to one hour's break per shift. Operators based in growing cities like Montréal or Toronto were responsible for a switchboard with between 80 to 100 lines, capable of handling over 6,000 different connections. They could handle approximately 300 calls per hour.

Since the majority of customer contact took place over the telephone, it was the operator's voice that set the tone for public perception of the company. In 1929, Bell produced a guide for operators. Its aim was to encourage their development, while giving them recommendations and exercises "to use their voice to their advantage".

In the years that followed, women continued to emancipate themselves, demonstrating that beyond their voices, they had the skills and qualifications to make their mark at Bell.



and have certain physical characteristics: long arms to perform the required tasks and good general health. A medical examination was mandatory. Candidates also needed to demonstrate their moral qualities by submitting three letters of recommendation, including one from a member of the clergy.

### Paving the way for women

Since the arrival of the first telephone operators, women have carved out a place for themselves

in our fast-growing market. Bell is creating revolutionary products and innovative services. Multiple initiatives have been put into place to support the development, advancement and promotion of women.

Bell is committed to creating an inclusive, equitable and accessible workplace, where all team members feel valued, respected and supported.

### Bell history pages

Please visit the history section on [BCE.ca](https://www.bce.ca) to learn more about key events from our 144 years as Canada's communications leader.



## Events

### Ontario

#### AGB Toronto Volunteers Retiree's Club

Volunteer and help contribute to the Heart Pillow Group. Volunteers meet in the club room every Tuesday from 10 am to 2 pm at 50 Eglinton Ave E. Meetings take place on the first Monday of the month and include lunch and guest speakers. Retirees from the Bell family are welcome. Please contact [gasminburt@hotmail.com](mailto:gasminburt@hotmail.com).

#### Fieldway Bell Retirees Club (Mississauga, Etobicoke and area)



Let's keep the Bell spirit alive! Meetings on the 3<sup>rd</sup> Monday of every month (except July, August and December), on the lower level of the Westway United Church, 8 Templar Dr., Etobicoke. The Club is currently

looking for new members from the Bell retiree family. You are invited to join the meetings, where you can enjoy lots of fun and laughter, fellowship, refreshments, interesting speakers, bus trips and other activities such as making heart pillows for cardiac patients. Check out the website at [www.fieldwaybell.ca](http://www.fieldwaybell.ca). To join the club, please call Marg at 416-742-4395.

### Québec

#### Lotbinière

30<sup>th</sup> edition of the Québec City Retirees Golf Tournament, Tuesday, June 18, at Club de golf Lotbinière. Get your foursomes ready, it's a date to remember! For further information: [golf.retraites.bell@gmail.com](mailto:golf.retraites.bell@gmail.com)

#### Montréal – Bell Community Volunteers

Currently collecting pop-can tabs to help finance the purchase of the 483<sup>rd</sup> wheelchair for Fondation Clermont Bonenfant as well as plastic bread tags, and also used eyeglasses for Doctors Without Borders to help people in need. Please send your donations or drop

them off at 1050 Beaver Hall Hill (1<sup>st</sup> basement, PO box 1SS14) H2Z 0A5, c/o Lise Ouellet. Info: Lise Ouellet at 514-870-2569 or [lise.ouellet3@sympatico.ca](mailto:lise.ouellet3@sympatico.ca).

#### Did you know?

Bell Volunteers have access to a retiree facility? Come and meet former colleagues, participate in informative meetings, share your project ideas and give your time to various community organizations. Info: [lise.ouellet3@sympatico.ca](mailto:lise.ouellet3@sympatico.ca).

#### Organized vacation tours – Montréal departure

- July 11-12: *La Fabuleuse Histoire d'un Royaume* (Saguenay)
- August 21-23: Manoir du Lac William (Saint-Ferdinand)
- October 1-7: Agawa Canyon Train (Northern Ontario)

Info: Lise Ouellet at 514-946-2251 or 514-931-3319 or [lise.ouellet3@sympatico.ca](mailto:lise.ouellet3@sympatico.ca).

#### Saint-Jean-sur-Richelieu

August 20, 2024 – 38<sup>th</sup> golf tournament for retirees from Bell and its subsidiaries. The tournament will take place at Saint-Jean-sur-Richelieu Vallée des Forts Golf Club, co-chaired by Ronald Nicol and Christian Roy. The program includes a 10:00 am welcome, golf (11:50 am check-out), dinner, games and attendance prizes. Registrations are first come, first served starting April 15. Price is \$130 for the game, cart and dinner, or \$55 for dinner only. Info: [omniumbellretraites@gmail.com](mailto:omniumbellretraites@gmail.com) or Sylvie Murray at 514-355-1524.

#### Sherbrooke – Les Amis de la téléphonie

Tuesdays (from February 20 to May 29) – Afternoon knitting (1 pm) and evening darts (7 pm) at 2615 Hertel in Sherbrooke. For more information, listen to the messages at 819-569-6905.

### Walk So Kids Can Talk on May 5



The 2024 Walk So Kids Can Talk will take place on Sunday, May 5 at multiple locations across the country. As a proud partner of Kids Help Phone, Bell is inviting all team members and retirees to make a difference by signing up for the 5 km walk, by participating virtually or by making a donation supporting a participant or a team. You can register by visiting [walksokidscantalk.ca/Companies/Bell-Canada](http://walksokidscantalk.ca/Companies/Bell-Canada).





## Retirements

These Bell team members have agreed to announce their retirement and years of service in the newsletter.

### Ontario

**Dushyanthi Amyotte**, Milton, 26 years, 3 months  
**Bill Clegg**, Chelmsford, 42 years, 10 months  
**Cathy J. Ennis**, London, 47 years, 8 months  
**Catherine Fazio**, Toronto, 46 years, 8 months  
**Gloria Fonseca**, Oakville, 34 years  
**Carol A. Ginn**, London, 36 years, 6 months  
**Osman Hassan**, Etobicoke, 16 years, 7 months  
**Peter Hudson**, Kingston, 37 years  
**David Hutchins**, Guelph, 21 years, 1 month  
**Dave Knight**, Etobicoke, 15 years, 2 months

**Donna J. Occeston**, Kitchener, 35 years  
**Natalie Plouffe**, Ottawa, 32 years, 10 months  
**Anni Pulkki**, Queensville, 35 years, 7 months  
**Ariana Rochford**, Ottawa, 26 years, 8 months  
**Linda Roehrl**, Nepean, 18 years, 9 months  
**Pavinder Shokeen**, Brampton, 17 years, 3 months  
**Marilyn J. Siarto**, London, 34 years, 6 months  
**Daniel Steffler**, Kitchener, 35 years, 6 months  
**Erna Vitullo**, North York, 47 years, 5 months

### Québec

**Marc Bradley**, Saint-Lazare, 34 years, 7 months  
**Ingrid Calabrese**, Brossard, 40 years, 3 months  
**Michel Cardinal**, Salaberry-de-Valleyfield, 42 years, 5 months

**Luc Fortier**, Salaberry-de-Valleyfield, 35 years, 7 months

**Mathias Koch**, Pointe-Claire, 3 years, 9 months

**Claude Laberge**, Saint-Constant, 17 years, 8 months

**Martine Lamontagne**, Bromont, 32 years, 5 months

**Clément Laroche**, Gatineau, 34 years, 7 months

**Denis A. Lauzon**, Vaudreuil-Dorion, 35 years, 5 months

**Benoit Legault**, Notre-Dame-de-l'Île-Perrot, 33 years, 7 months

**Louise Martel**, Pointe-aux-Trembles, 32 years, 4 months

**Binh Nguyen**, Saint-Laurent, 2 years, 5 months

**André Noël**, Berthier-sur-Mer, 34 years, 5 months

**Francine Piché**, Repentigny, 35 years, 6 months

**Benoit Pilote**, Gatineau, 15 years, 5 months

**Sylvie Plante**, Sainte-Catherine, 41 years, 7 months

**Serge Rivard**, Saint-Hippolyte, 6 years, 3 months

**Linda Sweeney**, Mirabel, 34 years, 2 months

**Laura Tomassini**, Montréal, 41 years, 4 months

**Marc Tremblay**, Granby, 5 years

### Alberta

**Alain Hébert**, Calgary, 10 years, 11 months

### Nova Scotia

**David Pothier**, Head of St. Margarets Bay, 38 years



## Obituaries

Our most sincere condolences to families and friends.

### Ontario

**Colin B. Aitchison**, January 25, Sudbury  
**James D. Allan**, November 4, Burlington  
**Samuel A. Anderson**, October 14, Toronto  
**Verna A. Andres**, October 7, Toronto

**M. Ellen Anger**, November 12, Toronto  
**Anna Antoniazzi**, September 8, Newmarket  
**Valerie E. Ardill**, December 1, Holland Landing  
**Estelle Arpin**, December 29, Orléans  
**Lois Atamanyk**, December 7, Fonthill

**Carol J. Avery**, November 18, Huntsville  
**Pramila Baichwal**, July 16, Toronto  
**Clarence Banks**, October 19, Oro-Medonte  
**Audrey L. Barnes**, October 28, Brantford  
**John R. Bauer**, November 11, Lion's Head  
**Erlinda Bautista**, December 28, Markham

**Michael A. Beach**, February 7, Ottawa  
**E. Eileen Beckett**, December 7, Tara  
**Noel N. Beer**, January 9, Sault Ste. Marie  
**Marian I. Bell**, January 7, Sutton West  
**Grant Bellavance**, January 14, Newmarket  
**Roger M. Bender**, January 14, Tavistock



## Obituaries (cont'd)

- Ian Bennie**, January 28, Elmvale
- Rosemarie J. Berton**, December 3, St. Catharines
- Margaret Bibby**, October 25, Oakville
- Robert Black**, July 31, Newmarket
- Gilles Blais**, November 30, Orléans
- Phyllis A. Blake**, December 10, Sudbury
- Audrine Blythe**, February 7, Etobicoke
- Ronald D. Bodiam**, November 15, Brantford
- Gordon Bowes**, September 10, Ottawa
- Peter G. Bowie**, October 16, Carlsbad Springs
- Lawrence P. Boyle**, November 17, Bancroft
- Robert Boyle**, September 6, Oakville
- Hildegard Braunstingl**, January 6, Mississauga
- Penny J. Brennan**, November 24, Richards Landing
- Betty A. Brent**, October 28, Belmont
- Richard J. Brethour**, September 1, Don Mills
- Bobby A. Brown**, October 11, Toronto
- Gloria Buckley**, January 6, St. Catharines
- Robert Burchell**, January 18, Spencerville
- Paul W. Burd**, December 8, Fort Érié
- Sabrina S. Burri**, September 28, Ottawa
- Elmo K. Butt**, December 20, Lakefield
- Arthur C. Bye**, January 1, Thunder Bay
- Dolores Carnochan**, October 7, Beaverton
- Larry Carr**, January 30, Jordan
- Pierre J. Cataford**, December 31, Kingston
- Vahe Ceylan**, September 3, Bolton
- Stanley R. Champ**, January 7, St. Thomas
- Jacqueline R. Charlebois**, December 15, Kingston
- Andrew Chin**, December 4, Oshawa
- Beverlie Chowen**, December 27, Clinton
- Margaret Chung**, October 20, Toronto
- Ivan C. Clare**, December 10, Foxboro
- Brian M. Cochrane**, October 17, Gloucester
- Kevin Collins**, January 6, Kingston
- Jeffrey Columbus**, December 1, Churchill
- Raymond L. Constantineau**, September 29, Espanola
- Kathleen Cook**, November 17, St. Thomas
- Sonya P. Cook**, December 4, Kingston
- Newton H. Copping**, January 19, Brighton
- Muriel G. Cornick**, November 22, Ottawa
- Louise A. Cossaboom**, November 3, Baden
- Jean Courtney**, November 27, London
- Roswell Cress**, October 19, Kincardine
- T. Kaarina Crossley**, November 8, Ottawa
- William J. Dance**, September 15, Weston
- Marion Davis**, September 6, Stratford
- Shirley Davis**, December 12, Oshawa
- Burton Dawdy**, September 1, Burlington
- James V. Dick**, December 21, Thunder Bay
- Helen Dislakis**, September 29, Scarborough
- Danny J. Doggart**, November 14, Ennismore
- Mairiam E. Dube**, January 20, North Bay
- April G. Dubenow**, November 23, Ajax
- Gordon W. Dufour**, November 30, Harrow
- Denis G. Dupuis**, September 14, Windsor
- Jean M. Edwards**, January 4, Oro-Medonte
- Beatrice H. Ego**, October 30, Newmarket
- Neil E. Fanning**, October 7, Oshawa
- Pasquale Felicetti**, December 13, Etobicoke
- Shirley Fell**, January 7, Etobicoke
- Norman Ferguson**, September 13, North Bay
- Stanley G. Ferguson**, October 31, Walkerton
- Dolores A. Fleet**, January 26, London
- James Fleet**, September 28, Kanata
- Roy A. Fletcher**, November 16, London
- Marian I. Ford**, October 5, Hamilton
- Harvey Forrester**, December 7, St. Catharines
- Elizabeth Fortin**, December 27, Sault Ste. Marie
- Frances L. Foster**, December 8, Nepean
- Elizabeth S. Fox-Kimber**, November 19, Perth Road
- Robert G. Frattini**, December 12, St. Catharines
- Shirley B. Freeman**, January 27, Toronto
- Harro Frehe**, October 22, Kitchener
- Alicia Friese**, December 10, Mississauga
- Loretta Fajak**, September 12, Islington
- Tom Fujiwara**, August 31, Markham
- Charles G. Gage**, December 14, Gilford
- James Galloway**, January 12, Lindsay
- Carole A. (Cari) Gammage**, September 27, London
- Rishi Gautam**, December 26, Toronto
- B. Darlene Gerner**, November 29, Mississauga
- Margaret W. Gery**, January 12, Oakville
- Gordon J. Gilbert**, December 29, Newmarket
- Donald W. Gillespie**, February 13, Caledon
- Cheryl A. Glaab**, November 2, London



## Obituaries (cont'd)

- M. John Goring, October 3, Newmarket
- Mary F. Goulart, October 20, Brampton
- Gary J. Gowland, January 8, Waterloo
- Cheryl L. Grant, October 16, Oakville
- Jack Grant, December 8, Orléans
- Robert H. Grosse, November 17, Barrie
- Jerome H. Guild, October 2, Mississauga
- Alec Gujban, September 15, Windsor
- William Hamilton, January 10, Nepean
- Ronald C. Handley, January 21, Brighton
- James Hann, December 23, Gravenhurst
- Katherine C. Hansen, December 12, Oakville
- Gisele D. Harrington, December 31, Oakville
- Dennis J. Hauser, December 22, Hamilton
- Huntley A. Heard, September 16, Brampton
- Audrey Heinz, December 2, Kingston
- John Hewitt, December 25, Etobicoke
- James E. Hewlett, September 9, Uxbridge
- Norman Hewton, November 1, Fenelon Falls
- Raymond Hing, February 5, Severn
- Joyce Hocken, September 14, Belwood
- Elva A. Holland, October 22, Greely
- Ralph N. Holland, December 25, Clinton
- Barbara J. Hooton, October 26, Waterloo
- Delores M. Hoppie, September 12, Caledon
- Rolph G. Hosein, October 27, Oakville
- John F. Hughes, October 20, Kemptville
- Norman D. Hughes, December 29, Pickering
- Wai-Ling Hum, November 23, Mississauga
- Douglas G. Humes, January 24, Scarborough
- Harry Hymus, December 18, North York
- Elaine V. Jackson, July 15, Waterdown
- Shirley L. James, December 27, Curtis
- Marion Jarrett, November 10, Midhurst
- Irene Jaworski, December 19, Millgrove
- Thomas A. Kachan, October 27, Oakville
- William J. Kantores, October 8, Scarborough
- Brenda J. Kasper, November 5, Kitchener-Waterloo
- Paul Kennedy, November 18, Thomasburg
- Brian M. Kennelly, January 3, Orléans
- Joyce D. Kernaghan, November 22, Essex
- William R. Kirby, November 12, Arnprior
- Erika E. Kis, September 11, Willowdale
- John Kish, December 6, Chatham
- Christine Koppens, November 4, Port Hope
- Erling B. Kristensen, September 20, Elora
- Edward J. Kucera, October 24, London
- Frances Kurmis, November 22, Brantford
- Gilbert Lahaise, September 28, McDonalds Corners
- Walter J. Lander, November 10, Carrying Place
- Lorraine Lang, September 8, Lindsay
- Maureen B. Lapenna, October 17, Etobicoke
- Robert J. Larose, September 23, Kanata
- Vincent Lefebvre, January 27, Niagara Falls
- Denise Légère, September 22, St-Isidore
- Darren Leslie, October 7, Midland
- John Lewis, August 13, Courtice
- Peter Lowry, January 14, Barrie
- Charles J. Ludlow, December 14, Innisfil
- Leonard J. Lugsdin, September 6, Toronto
- Martin Luud, November 19, Udora
- Mary E. MacKay, September 28, Melancthon
- Timothy Maiola, October 17, Whitby
- Salima Mangal, December 12, Toronto
- Dean K. Mapp, January 27, Ottawa
- Bonita B. Markevich, December 17, Thunder Bay
- Jeanette H. Masih-Das, November 25, Etobicoke
- Howard B. Mason, December 3, Woodstock
- Sybil E. McBride, December 7, Pickering
- Arnold McCallum, September 22, Dorchester
- Wayne McCauley, November 28, Richmond Hill
- Robert L. McCoy, January 15, Dunrobin
- John McEwan, December 12, Port Elgin
- Mervyn J. McGoey, September 17, Ottawa
- Douglas McLean, December 17, Ancaster
- Janina McLean, December 26, Thunder Bay
- Mark Menard, October 26, Dutton
- Ronald Merry, January 18, Ottawa
- Donna A. Middleton, December 1, Barrie
- Pamela Mills, December 24, Burlington
- Amit Mitra, October 1, Toronto
- Eleanor J. Moffatt, December 17, Kanata
- Verna Monroe, November 2, Simcoe
- James Murphy, October 5, Ottawa
- Harvey Murray, January 10, Carlisle
- Robert Murray, October 30, East York
- Nimai Narain, December 1, Oshawa



## Obituaries (cont'd)

- Jean Nelson, December 11, St. David's
- Georgina E. Newhall, December 22, Emsdale
- Charles W. Newman, December 12, Bobcaygeon
- Jean Nicholson, February 5, Georgetown
- Miklos Novak, December 5, Oakville
- Raffaele Nunno, October 9, Toronto
- David M. O'Brien, October 30, Orléans
- Richard J. O'Brien, November 19, Beamsville
- Leona Ida Oke, January 30, Trenton
- Marilyn M. Olmstead, December 28, Whitby
- John S. Ostrowski, January 11, 2023, Brampton
- Margaret R. Park, November 3, Sudbury
- Samuel Parker, November 28, Bancroft
- Doug A. Parkin, September 23, Kanata
- Lane Parr, February 23, Hamilton
- Wilma E. Pattenden, January 7, Hastings
- Wendy Patterson, October 16, Toronto
- Evelyn E. Pattison, October 14, Toronto
- John C. Patton, January 30, London
- Pierre-Yves Pau, August 11, Oakville
- William A. Perkins, December 22, Shelburne
- James J. Phillips, November 10, Oakville
- Norman J. Pollard, September 18, Wasaga Beach
- Barbara Poronovich, December 4, Toronto
- James A. Porter, September 14, Guelph
- Marcia M. Powell, November 18, Ottawa
- Vernon K. Prosser, November 15, New Lowell
- Howard A. Rees, September 20, Almonte
- George B. Reeve, January 1, Aurora
- Robert Rehders, December 7, Toronto
- Donald P. Rioux, December 14, Waterloo
- Earl W. Roberts, December 1, Gloucester
- Richard C. Robidoux, November 11, Sudbury
- Ellen Robinson, September 18, Scarborough
- Jacqueline P. Ryan, October 11, Sudbury
- Elfriede J. Sasse, December 29, Scarborough
- Beverley Saunders, December 11, Ottawa
- Elizabeth M. Schmidke, November 27, London
- Mervin R. Schmidt, December 16, Burlington
- Joy Seller, November 13, Whitby
- Randy Semmens, October 1, Oshawa
- Agnes D. Semple, January 4, Keswick
- Velma R. Sheffer, October 9, Nottawa
- Robert E. Shelton, September 12, Newmarket
- A. Kathleen Sheppard, August 18, Collingwood
- Elsie Shields, November 6, Kanata
- Silverio Silva, November 25, Thorold
- Paul E. Skanks, October 21, North York
- Colin E. Smith, October 23, Unionville
- Raymond E. Smith, September 25, Palgrave
- Sean P. Smith, September 30, Brampton
- Jason Starchuk, December 5, Etobicoke
- Carolyn R. Stevens, January 23, Peterborough
- Gordon R. Stevenson, December 26, Gloucester
- Robert W. Stutt, September 26, London
- Frederick Suttie, January 26, London
- Fred Swackhamer, September 23, Sutton West
- Waltraut Tatangelo, November 16, Markham
- Gordon E. Taylor, December 1, Ajax
- Harry E. Tebby, November 17, Huntsville
- Adeline L. Torrie, November 10, LaSalle
- William G. Townsend, January 16, Gravenhurst
- Kenneth R. Tremain, December 30, Newmarket
- Dan Trudeau, February 4, Singhampton
- Janet E. Turgeon, August 24, Ancaster
- Rose E. Upshaw, January 12, Port Hope
- Leonard A. Vardon, October 24, Nepean
- James T. Varley, January 2, Toronto
- Francis Veloso, October 25, Mississauga
- Alan Walker, September 3, Keswick
- Carl Wall, January 11, Durham
- Peter J. Walsh, November 14, Gravenhurst
- Lola H. Watson, December 15, Tillsonburg
- Irene E. Webster, November 27, Oshawa
- Clifford Weir, November 14, Fonthill
- Marjorie I. Welsh, December 31, Stouffville
- Glenn P. Whalen, August 19, Scarborough
- Johan J. Wigt, November 24, Dundas
- Marjorie H. Wilton, September 24, Burlington
- Stanley E. Wraight, October 5, Etobicoke
- Ivan V. Wray, September 22, London
- Keith J. Wrightman, December 9, Elliot Lake
- Ella Young, September 7, Mississauga
- Robert H. Young, September 30, Barrie
- Vivian S. Young, November 2, Scarborough
- Bruna Zanussi, October 19, Etobicoke
- Stefan W. Ziegler, January 6, Kitchener-Waterloo



## Obituaries (cont'd)

### Québec

**Michèle T. Adams**, August 4,  
Anjou

**Reginald F. Appleby**,  
February 2, Laval

**Jean Archambault**,  
January 30, 2023,  
Boischatel

**André Aubuchon**,  
October 20, Châteauguay

**Laureanne Auclair**,  
November 30,  
Drummondville

**Guy J. Auger**, January 27,  
Sherbrooke

**Lise Beaudriault**,  
November 22,  
Saint-Laurent

**Paulette M. Bédard**,  
September 30,  
Saint-Lambert

**Monique Bélair**,  
November 19, Montréal

**Claire Bernier**, August 2,  
Sherbrooke

**Julien Bernier**, October 6,  
Palmarolle

**Martin Binet**, January 3,  
Terrebonne

**Marcel Boisvert**, October 8,  
Drummondville

**R. Gilles Boivin**, October 31,  
Saint-Eustache

**André Bouchard**,  
October 21, Longueuil

**Luc Bouchard**,  
December 22, Chicoutimi

**Jeannine Boutin**,  
February 8, Québec City

**Pauline Boutin**,  
November 5, Québec City

**Roger Brouillette**,  
September 25, Montréal

**Yvon Brousseau**,  
November 18, Chicoutimi

**Jacques J. Bussièrès**,  
December 28, Saint-Agapit

**Ginette Cardinal**,  
November 30, Pincourt

**Georges J. Carrière**,  
February 3, Sainte-Adèle

**Micheline Charbonneau**,  
October 17, Laval

**Bernard Charlebois**,  
February 6, Saint-Lazare

**Sandro Cianfaglia**,  
February 24, Laval

**Jacqueline Corbin**,  
September 26,  
Québec City

**Diane Côté**, September 28,  
Chicoutimi-Nord

**Yves Couturier**,  
September 15, Gaspé

**Gilles C. Daoust**,  
January 19, Laval

**Raymond David**,  
October 11, Charlemagne

**Evelyne Dawson**,  
October 29, Québec City

**Robert De Champlain**,  
December 18,  
Pointe-aux-Trembles

**Monique Décary**,  
September 8, Brossard

**Mireille Descarries**,  
December 11, Boucherville

**Benoit Desmarteaux**,  
August 6, Laval

**Martial J. Desmeules**,  
January 22, Québec City

**Paul Dion**, December 12,  
Papineauville

**Claire Dion Lauzon**,  
October 31, Bois-des-Filion

**Dolores Dolan**,  
October 22, Gatineau

**Carmen Dubeau**,  
October 6, Laval

**Jeannine Duquette**,  
November 26,  
Greenfield Park

**Serge Faubert**,  
December 8, Val-David

**Martine Fay**, November 11,  
Saint-Jean-sur-Richelieu

**Pierre Ferland**,  
September 20, Kirkland

**Claire Fortin**, September 17,  
Montréal

**Harris Gallant**, November 9,  
Montréal-Nord

**Jacqueline Gauthier**,  
September 17,  
Saint-Donat-de-Montcalm

**Raynald Gauvreau**,  
January 22, Québec City

**Robert J. Genest**,  
December 17, Laval

**Jacques J. Giguère**,  
October 27, Brossard

**Yvette Giguère**,  
December 19, Saint-Bruno

**Glen Goodhue**,  
September 26,  
Saint-Jérôme

**Simon R. Gosselin**,  
January 14, Terrebonne

**Marie-Claude Gousse**,  
August 8, Montréal

**Jeanne Gravel-Breton**,  
October 4,  
Saint-Hyacinthe

**Émilienne Grellier**,  
October 10, Rosemère

**Rachel Gulyes**,  
September 15, Brossard

**Yvon Hamel**, October 3,  
Laval

**Pauline C. Hart**, October 16,  
Lachine

**Raymond Hayes**,  
October 14, Saint-Laurent

**C. M. Helik**, November 4,  
Québec City

**Vincent Héon**,  
December 24, Bécancour

**Myron Hramiak**,  
October 17, Saint-Léonard

**Francine F. Julien**,  
September 23,  
Rivière-Rouge

**Georges M. Koutchougoura**,  
December 2, Montréal

**Marguerite Lacasse**,  
December 27, Saint-Bruno

**Françoise Lachance**,  
September 24, Laval

**Thérèse Laflaur**,  
February 6, Mirabel

**Johanne Lafrance**,  
November 16, Saint-Irénée

**Benoit Lagacé**, July 17,  
Montréal

**Claudette Lahaie**,  
October 3, Terrebonne

**Richard R. Lahaye**,  
December 10, Saint-Bruno

**Murielle Lamontagne**,  
September 25, Laval

**Jean-Paul Lamy**,  
September 5, Longueuil

**Michel Le Maho**, October 6,  
Saint-Urbain-Premier

**Denise Lebrun**, October 11,  
Sherbrooke

**Adrien G. Leclerc**,  
September 26, Shawinigan

**Maurice Leduc**, October 17,  
L'Île-Perrot

**Marie-Paule Lefrançois**,  
February 5, Saint-  
Augustin-de-Desmaures

**Robert F. Lewis**, October 6,  
L'Île-Bizard

**Milton Loomis**,  
November 23, Chelsea



## Obituaries (cont'd)

**Lyne Maltais**, November 26,  
Québec City

**Paul Martin**, February 4,  
Napierville

**Louise S. McKee**,  
December 15, Laval

**Lise Morel**, October 20,  
Charlemagne

**Claire M. Nadon**,  
September 28, Gatineau

**Thomas H. Numann**,  
November 7,  
Stanbridge East

**Gisèle Parent**, October 21,  
Saint-Hubert

**Céline Peak**, February 4,  
Orford

**Diane Pelland**, January 28,  
L'île-Bizard

**Jean-Yves Pellerin**, July 30,  
Drummondville

**Joan M. Peters**,  
November 14, Lachute

**Suzanne Pilon**, January 3,  
Montréal

**Thérèse Pilon**, November 3,  
Montréal

**Roger Plante**, November 27,  
Québec City

**Gérard J. Poirier**,  
November 7, Saint-Jean-  
sur-Richelieu

**Raymond Provencher**,  
December 7, Longueuil

**Farida Rahwan**,  
January 10, Dollard-des-  
Ormeaux

**Joan Readman**, January 1,  
Pointe-Claire

**Roland Renaud**, October 16,  
Lachenaie

**Pierre P. Ricard**, January 12,  
Montréal

**Fernand J. Richard**,  
November 9, Sherbrooke

**Lise P. Rousseau**,  
September 27, Verdun

**Pierre L. Rousseau**,  
December 20,  
Beaconsfield

**Fernand J. C. Roy**,  
October 13, Lévis

**Claude M. Samson**,  
October 20, Québec City

**Alberte Santerre**,  
January 25, Lévis

**Tweedina Savoie**,  
December 25, Montréal

**Irène Smith**, October 30,  
Beaconsfield

**Joanne M. Smith**,  
January 19, Kirkland

**Jean-Guy St-Aubin**,  
December 9, Kuujuaq

**Thérèse St-Jacques**,  
August 14, Sainte-Adèle

**Johanne St-Jean**,  
November 7, Terrebonne

**Céline St-Pierre**,  
December 30, Lévis

**Thérèse St-Pierre**, July 28,  
Trois-Pistoles

**Jean-Marcel Tessier**,  
January 13, Valleyfield

**Yvan Théoret**, October 31,  
Saint-Eustache

**Marie-Claire Thériault**,  
December 31, Rivière-du-  
Loup

**Ann Toth**, September 24,  
Montréal

**Léo-Paul Tourigny**,  
November 2, Brossard

**Jacques J. Tremblay**,  
November 3, Sherbrooke

**Louise H. Tremblay**,  
December 24,  
Saint-Lambert

**Marcellin Tremblay**,  
February 6, Chicoutimi

**Dolores Trudeau**,  
September 7, Lachute

**Ovide Turmel**, October 9,  
Québec City

**Maurice J. R. Veilleux**,  
September 25, Montréal

**Anthony Williams**,  
October 29, Montréal

**Peter L. Wilson**, August 4,  
Hull

### Alberta

**Harold G. Giles**, January 9,  
Calgary

**Robert H. Montgomery**,  
November 20, Calgary

**William Mouncey**,  
December 27, Carstairs

**Guy A. Rocheleau**,  
January 8, Medicine Hat

**Wendy Schmidt**,  
November 23, Edmonton

### British Columbia

**Ronald R. Coupal**,  
January 12, Nanaimo

**Marilyn J. Davis**,  
February 6, Roberts Creek

**Cécile Dubois**,  
September 11, Victoria

**Ted Farr**, October 6,  
West Kelowna

**Ian Finlay**, September 28,  
Penticton

**Stuart Laurie**,  
September 24, Surrey

### Manitoba

**Karen Hailley**, July 31,  
Winnipeg

### New Brunswick

**Thérèse Chalifoux**,  
January 17, Lagacéville

**William Knox**,  
January 8, 2023,  
Fredericton

**Laurette Michaud**,  
January 2, Edmundston

### Newfoundland and Labrador

**Wilma S. Malbon**,  
October 15, St. John's

### Nova Scotia

**Claudette Y. Chicoine**,  
October 30, Arcadia

**Thomas Hill**, October 6,  
Bedford

**Margaret Reynolds**,  
December 25, Middle  
Sackville

**John Richardson**,  
January 12, Dartmouth

### Saskatchewan

**Marvin D. Dunbar**,  
October 9, Caronport

**Thomas O. Hurtt**,  
September 29,  
Churchbridge

### United States

**Madeleine Bolduc**,  
November 5, Waterville,  
Maine

**Jean L. Bouchenoire**,  
December 27, Sparta  
Township, New Jersey

**Bertha J. Lovi**, August 18,  
Fort Mill, South Carolina



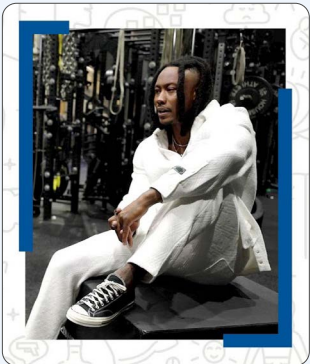
## In the community

# Thank you for participating in the 2024 Bell Let's Talk campaign!

Share what actions you are taking to create real change in mental health and visit the [Bell Let's Talk website](#) to see what Canadians have done.

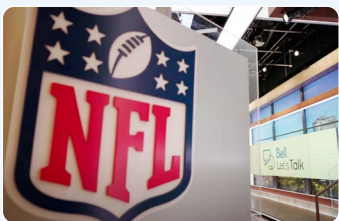
### NFL partners with Bell Let's Talk to raise awareness of mental health in sports

The NFL produced a two-part content series to end stigma and create an open dialogue around mental health:



#### Brandon Marshall Shares Mental Health Journey – NFL x Bell Let's Talk

Wide Receiver, Brandon Marshall discusses how he is now opening the door for others to feel comfortable speaking up about their struggles.



#### Improving The Culture Around Mental Health Among NFL Players – NFL x Bell Let's Talk

Roundtable talk about how teams are building a positive culture around mental health among players and staff.

### New mental health podcast series on iHeartRadio



Dr. Nadia Gagnier and Jhanelle Peters invite you to listen to their podcast series "Managing change" to learn more on how to face changes with realism and resilience.

Each of the 4 podcasts is about 20 minutes long – a perfect length for a quick wellness break. [Listen on iHeartRadio.](#)



## Booklet of offers for Bell retirees

Remember to check the booklet of long-term offers sent by email with this edition of *In Touch*. You can also download the booklet by [clicking here](#). Please keep it on hand for future reference.

Produced by Corporate Communications in collaboration with Human Resources.

#### In Touch

1, carrefour Alexander-Graham-Bell, B-3, Verdun (Québec) H3E 3B3  
 Telephone: 1-877-666-7474 (voicemail only, calls not returned)  
 Fax: 514-766-5735  
 Email: [intouch@bell.ca](mailto:intouch@bell.ca)

#### Employee Services

To inform us of a move or to get information on your benefits or your pension, please contact Employee Services at [employee.services@bell.ca](mailto:employee.services@bell.ca).  
 Website: [bell.ca/mybenefits](http://bell.ca/mybenefits)